

Jess' Races

Race

2024 Deka Trifecta

2024 Hounslow Monster (42km + 17km)

2024 Hyrox Brisbane

2024 Marathon du Mont Blanc Vertical Kilometre

2024 Hyrox World Championships, Nice

2024 Bogong to Hotham 35km

2023 Hyrox Hong Kong

2023 UTMB Translantau 50km

2023 Gay Games 23km

2023 Hyrox Sydney

2023 Red Bull Defiance Adventure Race

2023 Rainbow Beach Marathon 42km

2023 The Guzzler 50km

2023 Hut 2 Hut 50km

2023 Send to Summit

2022 4 Peaks Multi Day Race

2022 UTMB CCC

2022 Buffalo Stampede 10km

2022 Surf Coast Century 100km

2022 GSER 28km

2021 Alpine Challenge 60km

2021 Warburton 50km

2021 Surf Coast Century 50km

2020 Bright Run Fest 10km x 10 days

Position

1st female

1st female and in category

Pro Women's: 1st in age category, 3rd overall

Open Women's: 1st in age category

9th female

2nd female in category

1st female and overall

1st in Pro Women's, 2nd in Doubles

1st in category, 8th overall

Joint 1st females

1st in category, 2nd overall

4th females

1st in category 3rd overall

1st in category 3rd overall

2nd female

1st female

1st female overall

Finished

3rd female

5th female

1st female

3rd female

2nd female

1st female, 1st overall

Short facts

Across three races: Deka Elite Fit (1st), Deka Mile: (3rd), Deka Strong (3rd)

This was an hour after the Pro race.

Running with Imogen

Did an extra lap on the first circuit

First ever multi day adventure race

Backing it up a week later

Cramps from 30km

Course record

Suffered with ITB issues and morton's neuroma but got it done.

ITB issues at 40km rendered my right knee useless and unable to bend

Not really racing just enjoying

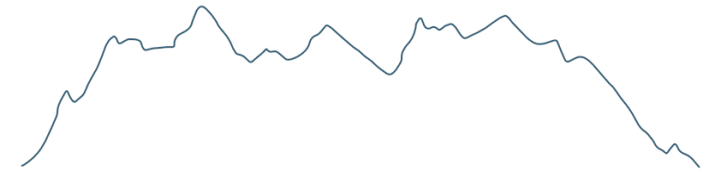
Got lost – extra 2.5km

Took a wrong turn at 48km chasing 2nd place

Felt great all race

10 consecutive days of running

2020 Gold Coast Virtual Half Marathon (21km)	1 st in category (F30-39) 2 nd female overall
2020 Trail Run Adventure Virtual Race (various)	1 st place female
2020 Great Ocean Road Virtual Half Marathon (21km)	4 th place female
2020 Tour de Trails Donna Double (22km)	2 nd place female (open)
2019 Rapid Ascent Surf Coast Century (50km)	6:57:16
2019 Trails Plus You Yangs (30km)	5 th place female
2019 Peak Adventure Duathlon (4km-18km-8km)	1 st place female team
2019 Ultra Trail 50 (50km)	14 th in category 30 th female overall
2019 The Speed Project (550km)	43hrs 42 minutes
2018 Spartan Super Elite (13km)	5 th place female
2018 Rapid Ascent Surf Coast Century (21km)	5 th place – team
2018 Wonderland (20km)	1 st place female
2018 PB Events Dirty Duathlon (8km-30km-8km)	2 nd place female
2018 Peak Adventure Duathlon	2 nd place female
2018 Tussock Traverse, NZ (26km)	3 rd place female
2017 Melbourne Marathon (10km)	4 th in category
2017 The Trail Running Series Race 4 (10km)	1 st place female
2017 Rapid Ascent Lara Pinta Multi Day Race (11km, 20km, 22km, 30km)	1 st place female
2017 Trails Plus You Yangs (21km)	1 st place female
2017 The Trail Running Series Race 3 (12km)	2 nd place female
2017 The Trail Running Series Race 2 (10km)	2 nd place female
2017 The Trail Running Series Race 1 (11km)	2 nd place female
2017 Trails Plus Macedon Ranges (10km)	1 st place female
2017 Run the Dog (10km)	2 nd place female



Half marathon PB – 1:32:34

2 x 2 hours races – max distance and max elevation
First virtual race / PB

Sprained ankle at 17km
Running with a broken metatarsal
Not physically or mentally ready post TSP and UTA
With Imogen
Sprained ankle at 20km

Beat the previous female record for that distance
Qualification into OCR World Championships and Spartan Regionals

DSQ for wearing headphones
3 minutes off the course record

First duathlon

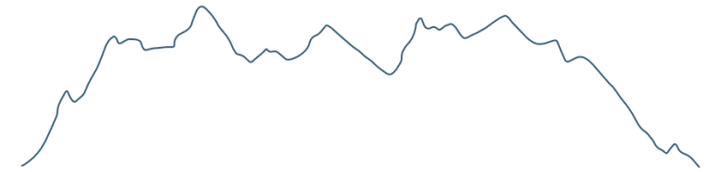
12 seconds off podium!!
10km PB at 40:20
Overall Trail Running Series Winner
First attempt at multi day race

First attempt at half marathon trail

New course record

2017 Rollercoaster Run (22km)
2017 V Trail Series Race 3
2017 V Trail Series Race 2
2016 V Trail Series Race 1
2016 The Trail Running Series Race 2 (7km)
2016 Trails Plus You Yangs (15km)

2nd place female
1st place female
2nd place female
3rd place female
1st place female
1st place female



Overall V Trail Series female winner